



FRITIDSKORTET

Apply for support for your children's recreational activities from 01.09.2025

On 01.09.2025, Tvedestrand municipality is introducing a new support scheme, called «Fritidskortet» [English: «Activity card»]. The aim is to help all children aged 6-12 participate in at least one recreational activity, promoting their well-being and a sense of achievement. Frequently, family finances can make this difficult. If your family has limited finances, it is possible to apply for support. The application process is simple.

Fritidskortet aims to allow all children in Tvedestrand aged between 6-12 to take part in one organised recreational activity:

- The activity must be weekly and run for at least 10 weeks.
- The activity must be organised by a club, an association, a dance school, culture school or similar.
- The municipality can cover the cost of subscription, membership fee, participation fee, rental of an instrument and fees for cup competition/camp. At this time, we do not offer support for equipment (football boots and similar).

Who can apply for support?

All families resident in Tvedestrand who are struggling with their finances, either periodically or long-term. According to Statistics Norway, low income is defined as:

- **Single provider:** Income of approx. NOK 330 000 (with one child), approx. NOK 400 000 (with two children), approx. NOK 480 000 (with three children)
- **Couples:** Income of approx. NOK 450 000 (with one child), approx. NOK 530 000 (with two children), approx. NOK 600 000 (with three children), approx. NOK 680 000 (with four children)

You assess yourself whether you fall within one of these groups. Each application will be assessed individually, and you do not need to document that you have a low income.

How old does the child need to be?

The child you apply for must be between 6 and 12 years old. The child does not need to be 6 years old when you apply; however, he/she must reach 6 years old during the year. When the child reaches the age of 13, support is no longer offered. Young people aged 13-18 can instead apply to [Jarls Ungdomsfond](#) for support in taking part in recreational activities:

[Jarls Ungdomsfond - Tvedestrand municipality](#)

How much can you receive, and how is support paid?

For each child, you can apply for a maximum of NOK 2 500 per half-year. You must apply for each half-year at a time. You must not pay for the activity yourself – you must send the invoice from the club, culture school, etc. to us when it arrives, or enclose it with your application if you have already received it.

We recommend that you apply a few weeks BEFORE you enrol your child in an activity. When you



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have received a positive response, you can send the invoice to us when it arrives.

Note: If you have already paid for the activity yourself, unfortunately we cannot reimburse you.

If the activity costs more than NOK 2 500, you must pay the difference yourself.

Is there a deadline, and when will I get a response?

We continuously process applications, and you can expect a response after a maximum of 3 weeks. The municipality has set aside funding for Fritidskortet for 2025. When this is used up, unfortunately no further funds will be available until next year. We work on a first-come, first-served basis.

To apply, scan the QR code or go to: www.tvedestrand.kommune/fritidskortet

Contact person: Franziska R. Storemyr (Culture Consultant), tel. no. 47 66 76 87,
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Are you aware of BUA?

At BUA you can borrow sports and recreational equipment free of charge: skis, bicycles, skates, snowboards, sledges, tents, sleeping bags, hammocks and much more.

Further information: [Borrowing equipment - Tvedestrand municipality](#)